

January 2006

NW Juniors VBC Practice Schedule EASTSIDE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 KEY: NHS = Newport HS TMS = Tillicum MS BCC = Bellevue CC O = Outside Gym M = Main Gym	2 Bellevue CC 6:00 – 8:00 12 Storm 13 Thunder 14 Tornado 8:00 - 10:00 16 Tornado 16 Avalanche 14 Cyclone	3 Newport HS 7:30 -9:30 PM 16 Storm (O) 16 Cyclone (O)	4 Bellevue CC 6:00 – 8:00 14 Storm 15 Thunder 15 Tempest 8:00 - 10:00 18 Storm 17 Thunder 17 Tempest	5 Bellevue CC U16 – U18 Recruiting Seminar Details to Follow	6 Bellevue CC 7:00– 9:00 PM All teams: Officiating Clinic	7
8 12:30 – 2:30 PM NHS: 12ST/13TH 2:30 – 4: 30 PM NHS: 14 ST/15 TH/ 16 CY TMS: 15TE /16TO/16 AV 4:30 -6:30 pm NHS: 18ST/17TH/16ST TMS: 14TO/14 CY/17TE	9 Bellevue CC 6:00 – 8:00 12 Storm 13 Thunder 14 Tornado 8:00 - 10:00 16 Tornado 16 Avalanche 14 Cyclone	10 Newport HS 7:30 -9:30 PM 16 Storm (M) 16 Cyclone (M) <i>Outside Gym: TBA Position Tutoring</i>	11 Bellevue CC 6:00 – 8:00 14 Storm 15 Thunder 15 Tempest 8:00 - 10:00 18 Storm 17 Thunder 17 Tempest	12	13 Bellevue CC 7:00 – 8:30 Practice 18 ST/17 TH/16 ST 7:00– 10:00 PM All teams, Team Pictures: Details to Coaches & Focals	14
15 12:30 – 2:30 PM NHS: 12ST/13TH/16 AV 2:30 – 4: 30 PM NHS: 14 ST/ 16 CY /16TO 4:30 -6:30 pm NHS: 14TO/14 CY/17TE	16 MLK Day Bellevue CC 2:00 – 4:00 12 Storm 13 Thunder 14 Tornado 4:00 - 6:00 16 Tornado 16 Avalanche 14 Cyclone	17 Newport HS 7:30 -9:30 PM 16 Storm (O) 16 Cyclone (O)	18	19	20 Bellevue CC 6:00 – 8:00 14 Storm 15 Thunder 15 Tempest 8:00 - 10:00 18 Storm 17 Thunder 17 Tempest	21
22 2:30 – 4: 30 PM NHS: 14 ST/15 TH TMS: 15TE /16TO/16 AV 4:30 -6:30 pm NHS: 18ST/17TH TMS: 14TO/14 CY /16ST	23 Bellevue CC 6:00 – 8:00 12 Storm 13 Thunder 14 Tornado 8:00 - 10:00 16 Tornado 16 Avalanche 14 Cyclone	24 Newport HS 7:30 -9:30 PM 16 Storm (M) 16 Cyclone (M) <i>Outside Gym: TBA Position Tutoring</i>	25	26	27 Bellevue CC 6:00 – 8:00 14 Storm 15 Thunder 15 Tempest 8:00 - 10:00 18 Storm 17 Thunder 17 Tempest	28
29 12:30 – 2:30 PM NHS: 12ST/13TH 2:30 – 4: 30 PM NHS: 14 ST/16 CY TMS: 15TE /15 TH 4:30 -6:30 pm NHS: 18ST/17TH/16ST TMS: 14TO/14 CY/17TE	30 Bellevue CC 6:00 – 8:00 12 Storm 13 Thunder 14 Tornado 8:00 - 10:00 16 Tornado 16 Avalanche 14 Cyclone	31 Newport HS 7:30 -9:30 PM 17 Tempest (M) 16 Cyclone (M) <i>Outside Gym: TBA Position Tutoring</i>	1 February Bellevue CC 6:00 – 8:00 14 Storm 15 Thunder 15 Tempest 8:00 - 10:00 18 Storm 17 Thunder 16 Storm	2	3	4
5 SUPER SUNDAY: ALL TEAMS PLAY						