

NWJRS/NWJRS ELITE Practice Schedule (Edmonds) -- May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 U16 Regionals: 16EC U15 Regionals: 15EB
2 U16 Regionals: 16EC U15 Regionals: 15EB Juanita HS: 7-10 PM 7-9:14EC/13HE 7-10: 17EB/14EB (SAQ)	3 Edmonds CC: 6-10 PM 6-8 16EC/15EB/PT 8-10: Elite Tutor & (SAQ)	4 Coaches Meeting	5 Edmonds CC: 6-10 PM 6-8 14EB/14EC/13HE 8-10: 17EB/16EC/15EB	6	7	8 U17 Regionals 17 Elite Black Willamette Classic 16 Eclipse 15 Elite Black 14 Elite Black 14 Eclipse
9 Mother's Day Willamette Classic 16 Eclipse 15 Elite Black 14 Elite Black 14 Eclipse	10 Edmonds CC: 6-9 PM 17EB/15EB/14EB (SAQ)	11	12 Cedar Valley 6-10 PM 6-8: 14EC /13HE 8-10: 16EC/PT Edmonds CC: 6-8 PM 17EB/15EB /14EB	13	14 Edmonds CC: 6-8 PM 16EC/14EC/13HE	15 Lk. Tapps U14 Tny. 13 Heat
16 Canyon Park JH 1-5 PM 1-3: 14EC/13HE 3-5: 16EC/PT Juanita HS: 7-10 PM 17EB/15EB/14EB (SAQ)	17 Edmonds CC: 6-8 PM 17EB/15EB/14EB	18	19 Edmonds CC: 6-10 PM 6-8 14EB/14EC/13HE 8-10: 17EB/16EC/15EB	20	21	22
23 Canyon Park JH 1-5 PM 1-3: 14EC/13HE 3-5: 16EC/PT Juanita HS: 7-10 PM 17EB/15EB/14EB (SAQ)	24 Edmonds CC: 6-8 PM 17EB/15EB/14EB	25	26 Cedar Valley 6-10 PM 6-8: 14EC /13HE 8-10: 16EC/PT Edmonds CC: 6-9 PM 17EB/15EB /14EB (tutor from 6-7PM)	27	28	29 Emerald City Classic 17 Elite /14 Elite Memorial Tny 16 Eclipse, 15 Elite 14 Eclipse, 13 Heat
30 Emerald City Classic 17 Elite /14 Elite Memorial Tny 16 Eclipse, 15 Elite 14 Eclipse, 13 Heat	31 Memorial Day Emerald City Classic 17 Elite /14 Elite	Teams Participating in post-season play will resume practices on June 7 th All players are encouraged to sign up for our Junior Beach Camp on June 5 th (details forthcoming) All players are encouraged to participate in summer outdoor beach tournaments (begin June 6 th)				

April						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Notes:
PT=court available for Private Tutoring. See club website for details.
SAQ= Speed, Agility, Quickness training for Elite Teams
[Cedar Valley Gym](#): 19400 56th Ave W., Lynnwood
 Located by Edmonds Community College, near Wilcox Park (Flag Park) at the Cedar Valley Community School
[Canyon Park Junior High](#): 23723 23rd Avenue SE
 Bothell, WA 98021

June						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		