

Club Information:

Club Director: Tony Miranda
Billing: Jenny Lashinski
Club Address: 15821 NE 8th St., Suite W-200
Bellevue, WA 98008
Club Phone Numbers: (425) 497-1051
FAX: (425) 455-9409
Club Email: info@volleyballnw.com
Web Address: <http://www.nwjuniors.com>

Team Focals:

Thanks to all those parents who volunteered their time to make the teams run smoother for all. Your hard work is appreciated by all.

17 Thunder	Cindy Crank
17 Tempest	Kathy Landino
16 Storm	Julie Lynd
16 Cyclone	Tim Jewell and Ann Knight
16 Tornado	Mary Comstock
16 Avalanche	Nancy Kuno
15 Thunder	Sue Rahman
15 Tempest	Debbie Sylvester
14 Storm	Tricia Reyes
14 Cyclone	Paige Padilla
13 Thunder	Karin Allen
13 Tempest	Kim Kramer

In addition, a special thanks to the following:

Cindy Crank (17 Thunder): Club Travel Coordinator
Steven S. Gerlock (13 Thunder): Yearbook Coordinator

Northwest Juniors Volleyball Club

Mission Statement

Northwest Juniors Volleyball Club is committed to providing opportunities for young athletes at all levels of development to engage in quality, competitive experiences. We are dedicated to the idea that any player, regardless of size or skill level, who wants to participate in the USAV Junior Volleyball Program should be given that opportunity.

A competitive athletic experience can instill good work habits, enhance social development, contribute to mental and physical health, and teach values of personal responsibility, self-discipline, self-motivation, and teamwork. Participation in junior volleyball also improves the athlete's opportunity to realize the goals of:

- *Improving individual skills and ability to play and contribute as a member of a team.*
- *Earning or keeping a position on the school varsity volleyball team.*
- *Earning a college scholarship.*

Each of the above goals involves individual player growth. This includes improvement in skill level AND in the mental outlook necessary to be a successful member of a volleyball team. The ***Northwest Juniors*** philosophy regarding player growth is simple; one must play to improve.

Club Director, Tony Miranda

Administrative Experience

- 5 years (2001 – 2005 seasons) as Director of Northwest Volleyball & NW Juniors Volleyball Club.
- 3 years (1997 – 1999) as Assistant Director of the Northwest Volleyball Center.
- Over ten years experience as a coach, club administrator, tournament and event director.
- Junior Program Director, Puget Sound Region USA Volleyball (2001 – present).
- Former Director of Cutting Edge Volleyball Club.

“For the 2005 USAV season, ***Northwest Juniors Volleyball Club*** was 12 teams strong!!! We are very proud of the players, coaches and administration this season. As our mission statement reads, we are dedicated to players of all skill levels; to that end, we have 4 “National” teams competing at or near the top of the region (U17, U16, U15, U14), and 8 “Regional” teams of varying skill-levels and ages (U17, 3 U16’s, U15, U14, 2 U13’s).

Most area clubs are restricted to selecting only “all-stars”. We feel that we can provide an environment for “all-stars” through our National team program -- and at the same time provide opportunities for future all-stars through our Regional team program. We are excited about our program this year and look forward to the changes that will occur in years to come in upgrading our National programs and providing more opportunities for the younger age groups.”

Northwest Juniors VBC Head Coaches

Tony Miranda - Director

Club Director, NW Juniors Technical Director



Coaching & Playing Experience

- Head Coach at Bellevue Community College (2001- 2004)
- Assistant Coach at Seattle Pacific University (1999 & 2000)
- High School varsity Head coach from 1993 – 1998 (Foster HS & Holy Names)
- Over 13 years coaching experience
- Has taken 3 teams to USAV Junior Nationals.
- Ten years camp coaching experience
- CAP I, CAP II (pending), and IMPACT certified
- Member of the American Volleyball Coaches Association
- Played indoor and outdoor volleyball for over 15 years (not bad for a short guy)

Kim Werkau - 17 Thunder



Coaching Experience:

- Coached Various Volleyball Camps For Past Ten Years.
- Assisted Sumner High School, Fall 2003.
- Bonney Lake Volleyball Club Head Coach, U-17, 2004 Season
- Assistant (JV) Coach At Evergreen High School
- IMPACT Certified.

Playing Experience:

- Played Volleyball Since 5th Grade ☺
- Sumner High School:
 - 1997: State Tournament Qualifiers
 - 1997: Second Team SPSL
 - 1998: Placed 6th At State Tournament
 - 1998: First Team SPSL
- Played Volleyball At Central Washington University (1998-2002)
 - 1999: Most Improved Player
 - 2001: Team Captain

Northwest Juniors Volleyball Club

Alicia Berry - 17 Tempest



Coaching experience:

- First Year Northwest Juniors Volleyball Club Coach
- 2002-present, JV Coach at Juanita High School

Playing Experience:

- 2000, Bellevue Community College Volleyball
- 4 Years Club Volleyball (Cowlitz, Greater Columbia, and SW Wash Jrs.)
- 1996-1999, Columbia River High School

Tom Perry - 16 Storm



Coaching Experience:

- Present: U16 Storm Coach Northwest Juniors And 3rd Year As Volunteer Assistant Coach, Bellevue Community College.
- 2004: U16 Storm Coach Northwest Juniors, Gold Medal Coaching Clinic And Guest Coach At University Of Wyoming Summer Camps.
- 2003: U15 Thunder Coach Northwest Juniors, Gold Medal Coaching Clinic
- 2002: U14 Storm Assistant Northwest Juniors.
- 2001: Volunteer Assistant Coach Issaquah Middle School.
- 1972-1977: Coached Both Boys And Girls Volleyball In California, Developed Strength-Training Programs For Area Off-Season Athletes And Coached Volleyball Programs For Adults

Playing Experience

Many Years Ago...Tom Was Also A Setter For El Camino Junior College In Torrance, CA. And Club Team At Cal Poly Pomona. He Played Beach Volleyball In Hermosa Beach For 7 Years Against Names Like Gene Selznic, Ron Lange And A Kid Named Karch. Tom Also Competed In USVBA Club Tournaments For 4 Years.

Jason Mills - 16 Cyclone



Coaching experience:

- Second Year Northwest Juniors Volleyball Club Coach
- 2004-present, JV Coach at Juanita High School
- Three years working with Special Olympics Unified Teams

Playing Experience:

- Has been playing volleyball actively for 17 years
- Plays indoor and outdoor grass/sand

Marla Tappero - 16 Tornado



Coaching experience:

- Second Year Northwest Juniors Volleyball Club Coach
- 2004-2005: Cedar park Christian School-Middle School Volleyball
- 2002-2003, Kent View Christian High School Co-Head Coach
- 2003, Kent View Christian High School JV Coach

Playing Experience:

- Played Adult/College Intramurals
- High School Varsity at Foster High and Snohomish County Christian
- Played since 7th grade

Northwest Juniors Volleyball Club

Jill Bielenberg - 16 Avalanche



Coaching experience:

- First Year Northwest Juniors Volleyball Club Coach
- 1998-1999 Genesee Junior High 7th Grade Head Coach

Playing Experience:

- Adult/College Intramural
- 3 Year Varsity Player for Genesee High School (Idaho)
- Played since 7th grade

Dragan Karadzic - 15 Thunder



Coaching Experience:

- 12 Years As Club Directory Of Dragons Volleyball Club
- 3 Years At Adversity Volleyball Club (U18 Elite Head Coach)
- 14 Years As High School Coach In Illinois
- 6 Years As Assistant Coach At University Of Illinois-Chicago
- Current Head Coach At Cascade High School In Everett
- 1995 Earned the Great Lakes Region Meritorious Service Award
- 1998 Named USAV Junior Club Director of the Year
- Dragan has also been selected as the Puget Sound Region's High Performance Program Director.

Playing Experience:

- 18 Years Of USAV Men's Club Volleyball
- 6 Years Representing The Great Lakes Region At The Prairie State Games

Angela Burgess-Lamb - 15 Tempest



Coaching experience:

- Second Year Northwest Juniors Volleyball Club Coach
- 2003, NWVB- 15 Tempest Assistant Coach

Playing Experience:

- 2 Years Highline Community College
- 4 Years at Foster High School Varsity, 4 State appearances

Tanya Treischel - 14 Storm



Coaching Experience:

- Current Head Coach at Evergreen High School in Seattle
- 2002-2004 Hope Lutheran School
- 2000: Sylvester Middle School Coach - Seattle

Playing Experience:

- 1998-1999: Central Washington University
- 1996-1997: Bellevue Community College
- 1993-1996: Seattle Lutheran School and Northwest Juniors

Northwest Juniors Volleyball Club

Margo Gockel - 14 Cyclone



Coaching Experience:

- First Year Northwest Juniors Volleyball Club Coach
- 1996 – 2000, Head Coach for U12-14 CYO teams

Playing Experience

- Has been playing for over 25 years
- 1 year at Seattle University
- 2 years at Bellevue Community college
- Sammamish High School
- Retired from being a volleyball mom, as daughter, Jessica, is now a Freshman on the University of Portland Volleyball team

Joanna Krautscheid - 13 Thunder



Coaching Experience:

- First year Head Coach at Northwest Juniors Volleyball Club
- 2 Years coaching for Palouse Juniors Volleyball Club
 - Head Coach for U14
 - Assistant Coach for U16
- Assists at Garfield-Palouse High School (State B Champions 2004)
- IMPACT certified

Playing Experience:

- 2 Years with WSU Women's Volleyball Club (placed 5th at Club nationals in 2001)
- 2 Years with Columbia Basin Juniors
- 2 Years with Big Bend Juniors
- 4 Years at Quincy High School

Sherry Leeson - 13 Tempest



Coaching Experience:

- First Year at Northwest Volleyball Club
- Assistant Coach with 16's, 17's, and 18's Teams for Daytona Beach Juniors
- Assistant Coach of Varsity and JV at her alma mater (Dearborn Michigan)

Playing Experience:

- Active player for 14 Years
- Freshman walk on at Embry-Riddle Aeronautical University (Daytona, FL) with a full-ride scholarship and played 4 years

Northwest Juniors Assistant Coaches



Chad West
17 Thunder



Jenny Lashinski
17 Tempest



Charlie Andrade
16 Storm



April Barreras
16 Cyclone



Luke Williams
16 Tornado



Pamela Gustavson
16 Avalanche



John Norley
15 Thunder



Vince Yuan
15 Tempest



Alston Cha
14 Storm



IMAGE NOT AVAILABLE

Pamela Bracy
14 Cyclone



Juan
13 Thunder



Lindsey Price
13 Tempest