

# 17 Thunder Adidas

**Head Coach**  
Kim Werkau  
**Assistant Coach**  
Chad West



## Roster

#	Grade	Name	School	Position	HT
2	So.	J J Hudson	Redmond H S	MH/OH	5'8"
3	Jr.	Emily Boushey	Kentridge	OH	5'7"
4	Jr.	Lauren Goodman	Issaquah H S	OH	5'5"
5	Jr.	Sarah Potts	Newport H S	MH/OPP	6'0"
6	Jr.	Amanda Crank	Issaquah H S	DS/L	5'5"
9	Jr.	Jamie Nikami	Garfield	S	5'4"
12	Jr.	Erin Caldwell	Mt Si	UT	5'11"
17	Jr.	Brianna Mercado	Eastlake H S	MH/OH	5'9"
19	So.	Arielle Ross	Mercer Island HS	OH/DS	5'8"
21	Jr.	Savali Taamu	Rainier Beach	OPP/S	5'11"
28	So.	Lindsay Buchanan	Mercer Island HS	OPP	5'7"

## Tournament Schedule

Date	Event	Host	Location
16-17 Jan	Martin Luther King Invitational	Northwest Jrs.	Bellevue CC
6-Feb	Super Sunday Tournament	Rain City VBC	Edmonds CC
19-21 Feb	LAS VEGAS INVITATIONAL	Southern California VBA	Las Vegas, NV
26-27 Feb	Yakima Jamboree - Out Of Region Event	Team Yakima	Yakima area
18-20 Mar	Pacific Northwest Qualifier (Spokane)	Evergreen Region	SPOKANE
26-Mar	PSR PRIME TIME National Qualifier	Puget Sound Region	TBA
9-Apr	Saturday's Warriors Tournament	Saturday's Warriors	Kentridge HS
23-25 Apr	Lone Star Qualifier (Austin)	Austin Juniors	Austin, TX
14-15 May	Puget Sound Junior Regionals	Puget Sound Region	TBA
28-30 May	Emerald City Classic	Washington Volleyball Academy	
12-Jun	Puget Sound VBC Tournament	Puget Sound VBC	Fife HS
June 25 - July 1	Volleyball Festival	Festival Staff	Reno, NV
OR July 3 - 6	Junior Olympic Championships	USA Volleyball	Sandy, Utah

## Northwest Juniors Volleyball Club

### Emily Boushey # 3



**Outside Hitter**  
Kent, WA

<b>High School:</b> Kentridge		<b>Height:</b> 5'7"
<b>Graduation Year:</b> 2006		<b>Block Jump:</b> 8'1"
<b>GPA:</b> 3.95	<b>SAT:</b>	<b>Approach Jump:</b> 8'7"
<b>Athletic Background:</b> Club Volleyball: KJVBC Black U13, U4, U15, U16 2000-2004; High School Volleyball: Kentridge HS Varsity 10 <sup>th</sup> and 11 <sup>th</sup> Grade 2003-2004; Jr. High Volleyball: Northwood Jr. High 7 <sup>th</sup> -9 <sup>th</sup> Grade 2001-2003		
<b>Accolades:</b> Kentridge HS Volleyball Captain 2005; SPSL North Division Honorable Mention 2004; SPSL Scholar Athlete Award 2003-2004; Jr. High Volleyball: 7 <sup>th</sup> Grade Captain and Coaches Award; 8 <sup>th</sup> Grade Captain and MVP; 9 <sup>th</sup> Grade Captain and MVP; National Junior Honor Society 2000-2003; Honor Society 2003-2005		
<b>Parents:</b> Doug and Gail		

### Lindsey Buchanan # 28



**Opposite**  
Mercer Island, WA

<b>High School:</b> Mercer Island		<b>Height:</b> 5'7"
<b>Graduation Year:</b> 2007		<b>Block Jump:</b> 8'1"
<b>GPA:</b> 3.5	<b>SAT:</b>	<b>Approach Jump:</b> 8'5"
<b>Athletic Background:</b> JV MIHS Volleyball (2004), Island Thunder Volleyball Club (U14-U16), Varsity Golf (MIHS), Attended All King Co. (Golf 2004)		
<b>Accolades:</b> Most Inspirational (Volleyball 2003), Most fun to golf with (Golf), Most Improved (Golf)		
<b>Parents:</b> Frank and Gigi		

### Erin Caldwell # 12



**Outside Hitter/Middle Hitter**  
Snoqualmie, WA

<b>High School:</b> Mt. Si		<b>Height:</b> 5'11"
<b>Graduation Year:</b> 2006		<b>Block Jump:</b>
<b>GPA:</b>	<b>SAT:</b>	<b>Approach Jump:</b>
<b>Athletic Background:</b> High School Volleyball (3 years), KJ-VBC (1 year), NW Juniors Nationals (2 years), Basketball (7 years), Softball (6 years)		
<b>Accolades:</b> Varsity letter in Volleyball Fresh., Soph. (Junior year injured), Select Basketball (3 years) Most Rebounds, 2004 Girl Scout Totem Council Representative, 2002 through 2004 Totem Council Program Aid		
<b>Parents:</b> Rod and Letty		

## Amanda Crank # 6



**Defensive Specialist/Libero**  
Issaquah, WA

<b>High School:</b> Issaquah		<b>Height:</b> 5'5"
<b>Graduation Year:</b> 2006		<b>Block Jump:</b> 8'0"
<b>GPA:</b> 3.1	<b>SAT:</b>	<b>Approach Jump:</b> 8'6"
<b>Athletic Background:</b> Played 6 Years of Volleyball. Issaquah High School Varsity Team, 4 Years of Club Volleyball with Northwest Juniors VBC, Issaquah Soccer Club 1998 – 2003		
<b>Accolades:</b> 2 <sup>nd</sup> Team all Kingco, MVP of Club Season 2004, Captain of Club Season 2005		
<b>Parents:</b> Tracy and Cindy		

## Lauren Goodman # 4



**Outside Hitter**  
Issaquah, WA

<b>High School:</b> Issaquah		<b>Height:</b> 5'5"
<b>Graduation Year:</b> 2006		<b>Block Jump:</b> 8'2"
<b>GPA:</b> 3.95	<b>SAT:</b>	<b>Approach Jump:</b> 8'6"
<b>Athletic Background:</b> High School Varsity Volleyball Team, Tennis Team, Basketball Team, NW Juniors Volleyball, Edgebrook Swim Team		
<b>Accolades:</b> U16 Volleyball Team Coach's Award, 2002-03 Basketball Team MVP, High School Scholar Athlete for all sports seasons		
<b>Parents:</b> Marty and Suzanne		

## J J Hudson # 2



**Middle Hitter/Outside Hitter**  
Redmond, WA

<b>High School:</b> Redmond		<b>Height:</b> 5'8"
<b>Graduation Year:</b> 2007		<b>Block Jump:</b> 8'8"
<b>GPA:</b> 3.95	<b>SAT:</b>	<b>Approach Jump:</b> 8'10"
<b>Athletic Background:</b> Club Volleyball: NW Juniors VBC 2004 (Team Captain) & 2005; High School Volleyball: Redmond Varsity 10 <sup>th</sup> Grade – State Tournament Participant, JV 9 <sup>th</sup> Grade; UCA ESPN Nationally Ranked Cheerleader and Washington State Champions		
<b>Accolades:</b> Kentridge HS Volleyball Captain 2005; SPSL North Division Honorable Mention 2004; SPSL Scholar Athlete Award 2003-2004; Jr. High Volleyball: 7 <sup>th</sup> Grade Captain and Coaches Award; 8 <sup>th</sup> Grade Captain and MVP; 9 <sup>th</sup> Grade Captain and MVP; National Junior Honor Society 2000-2003; Honor Society 2003-2005		
<b>Parents:</b> Robin		

## Northwest Juniors Volleyball Club

### Brianna Mercado # 17



**Middle Hitter/Outside Hitter**  
Redmond, WA

<b>High School:</b> Eastlake		<b>Height:</b> 5'9"
<b>Graduation Year:</b> 2006		<b>Block Jump:</b> 8'5"
<b>GPA:</b> 2.75	<b>SAT:</b>	<b>Approach Jump:</b> 8'9"
<b>Athletic Background:</b> Soccer for 8 Years, Volleyball for 5 Years, Softball for 1 Year, and Basketball for 4 Years		
<b>Accolades:</b>		
<b>Parents:</b> Susan and Anthony		

### Jamie Nikami # 9



**Setter**  
Seattle, WA

<b>High School:</b> Garfield		<b>Height:</b> 5'4"
<b>Graduation Year:</b> 2006		<b>Block Jump:</b> 8'1"
<b>GPA:</b> 3.9	<b>SAT:</b>	<b>Approach Jump:</b> 8'7"
<b>Athletic Background:</b> 2004 Space Needle Volleyball Foundation, 2005 & 2003 Northwest Juniors VBC, 2 years Varsity Volleyball; 1 year JV Volleyball at Garfield; 2 years Beacon Hill Soccer, 2 years SCAA Basketball, 3rd year coaching Middle School Volleyball, 1 year Referee US Soccer Federation, 1 year Seattle Parks Dept. Summer Camp Counselor		
<b>Accolades:</b> 2 <sup>nd</sup> Place WIAA Academic Award/Volleyball, Garfield HS Honor Roll, Garfield Arrow Staff (Yearbook)		
<b>Parents:</b> Michelle Barton and Gary Nikami		

### Sarah Potts # 5



**Middle Hitter/Opposite**  
Bellevue, WA

<b>High School:</b> Newport		<b>Height:</b> 6'0"
<b>Graduation Year:</b> 2006		<b>Block Jump:</b> 8'7"
<b>GPA:</b> 3.87	<b>PSAT:</b> 1920	<b>Approach Jump:</b> 9'0"
<b>Athletic Background:</b> Volleyball (Varsity) 4 Years, Basketball 8 Years, Softball 6 Years, Soccer 1 Year, Ballet 2 Years		
<b>Accolades:</b> Volleyball Captain 2 Yrs Honor Student Peer Mentor/Mediator Spanish Immersion Leadership Award For Graduating Class		
<b>Parents:</b> John and Megara		

## Arielle Ross # 19



**Outside Hitter/Defensive Specialist**  
Mercer Island, WA

<b>High School:</b> Mercer Island		<b>Height:</b> 5'8"
<b>Graduation Year:</b> 2007		<b>Block Jump:</b> 8'1"
<b>GPA:</b> 3.52	<b>SAT:</b>	<b>Approach Jump:</b> 8'4"
<b>Athletic Background:</b> Began Playing Club In 2002 For Island Thunder Through 2004, Played Frosh/Soph For Mihs 2003 And Jv 2004		
<b>Accolades:</b> JV Captain (MI HS 2004), Most Inspirational 2004, Team Captain, Island Thunder 2002 & 2003		
<b>Parents:</b> Michael and Laura		

## Savali Taamu # 21



**Opposite/Setter**  
Seattle, WA

<b>High School:</b> Rainier Beach		<b>Height:</b> 5'11"
<b>Graduation Year:</b> 2006		<b>Block Jump:</b> 8'10"
<b>GPA:</b> 3.5	<b>SAT:</b>	<b>Approach Jump:</b> 9'2"
<b>Athletic Background:</b> Played Varsity 9th, 10th, & 11th. Captain Jr. 2nd Team 9th, 10th And 1st Team 11th.		
<b>Accolades:</b> 1st team all-Metro league 2004, 2nd team all-Metro 2002 & 2003		
<b>Parents:</b> Lefeagai and Savali		