

Northwest Juniors Volleyball Club

17 Tempest

Head Coach
Alicia Berry
Assistant Coach
Jenny Lashinski



Roster

#	Grade	Name	School	POS	Ht.
2	So.	Chloe Jay	Mercer Island	OH/DS	5'7"
3	Jr.	Abigail Caputi	Franklin HS	DS/L	4'9"
5	Jr.	Jessie Ramback	Jackson	S	5' 6"
7	Jr.	Alicia Poston	Eastlake HS	DS/L	5'6"
12	So.	Monica Ottinger	Eastside Catholic	DS/OPP	5'5"
13	Jr.	Amanda Landino	Kent-Meridian	DS/L	5'7"
18	Jr.	Kayla Macy	Kamiak HS	MH/OPP	5'8"
21	So.	Katie Rowe	Eastlake HS	MH	5'9"
22	Jr.	Samantha Ford	Hazen	OH	5'6"
35	So.	Melissa Fouty	Bellarmino Prep	OH/DS	5'3"

Tournament Schedule

Date	Event	Age	Host	Location
22-Jan	Emerald City Tournament	U17	Emerald City VBC	Highline CC
6-Feb	Super Sunday Tournament	U17	Rain City VBC	Edmonds CC
26-27 Feb	Yakima Jamboree- Out Of Region Event	18 Challenge	Team Yakima	Yakima area
12-13 Mar	Spring Classic	U12, 14, 16, 18	Northwest Jrs.	Eastside locations
19-Mar	Northwest Jrs. Tournament	U17	Northwest Jrs.	Juanita HS
16-Apr	Emerald City Tournament	U17	Emerald City VBC	Highline CC
14-15 May	Puget Sound Junior Regionals	U14, U17, U18	Puget Sound Region	TBA
4-Jun	Northwest Jrs. Tournament	U17/U18	Northwest Jrs.	Newport HS

Abigail Caputi # 3



Defensive Specialist/Libero
Seattle, WA

High School: Franklin		Height: 4'9"
Graduation Year: 2006		Block Jump:
GPA: 3.5	SAT:	Approach Jump:
Athletic Background: 7 years playing volleyball. (peppering, court, beach) experiencing varsity volleyball as a freshmen, sophomore and a quarter of my junior year due to hand injury, 1 st year playing Club Volleyball		
Accolades: Captain of Franklin High School's varsity volleyball team, 3 rd year varsity letter.		
Parents: Amelia and Daniel		

Samantha Ford # 22



Outside Hitter

High School: Hazen		Height: 5'6"
Graduation Year:		Block Jump:
GPA:	SAT:	Approach Jump:
Athletic Background:		
Accolades:		
Parents:		

Melissa Fouty # 35



Outside Hitter/Defensive Specialist
Auburn, WA

High School: Bellarmine Prep		Height: 5'3"
Graduation Year:	2007	Block Jump: 7'10"
GPA: 3.98	SAT:	Approach Jump: 8'2"
Athletic Background: Bellarmine Freshman Team, Narrows VBC, Club Wahine, 4 years CYO Volleyball		
Accolades: Selected for Marine Chemistry Program, 4.0 GPA freshman year		
Parents: William & Patricia		

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Chloe Jay # 2

Outside Hitter/Defensive Specialist

High School: Mercer Island	Height: 5'7"
Graduation Year: 2006	Block Jump:
GPA: 3.95	SAT:
Athletic Background:	Approach Jump:
Accolades:	
Parents:	

Amanda 'Dino' Landino # 13

Defensive Specialist/Libero
Kent, WA



High School: Kent-Meridian	Height: 5'7"
Graduation Year:	Block Jump:
GPA: 3.95	SAT:
Athletic Background: Volleyball, fastpitch, and swimming	Approach Jump:
Accolades: State Parliamentarian-SkillsUSA, and Honor Society	
Parents: Rick and Kathy	

Kayla Macy # 18

Middle Hitter/OPP
Mukilteo, WA



High School: Kamiak	Height: 5'8"
Graduation Year:	Block Jump: 8'2"
GPA: 3.9	SAT:
Athletic Background: 3 Years with Soccer, Basketball, and Softball – 6 Years with Dance/Cheering - 7 Years with Volleyball	Approach Jump:
Accolades: VB: Spiderwoman, coaches, most spirited and scholastic athlete awards.	
Parents: Skip and Nicki	

Monica Ottinger # 12



Defensive Specialist/OPP
Issaquah, WA

High School: Eastside Catholic		Height: 5'5"	
Graduation Year: 2007		Block Jump:	
GPA: 3.9	SAT:	Approach Jump:	
Athletic Background: Eastside Catholic Volleyball 2004 and Northwest Juniors 2004-2005			
Accolades:			
Parents: Steve and Marilyn			

Alicia Poston # 7



Defensive Specialist/Libero

High School: Eastlake		Height: 5'6"	
Graduation Year:		Block Jump:	
GPA:	SAT:	Approach Jump:	
Athletic Background:			
Accolades:			
Parents:			

Jessie Ramback # 5



Setter

High School: Jackson		Height: 5'6"	
Graduation Year:		Block Jump:	
GPA:	SAT:	Approach Jump:	
Athletic Background:			
Accolades:			
Parents:			

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Katie Rowe # 21



Middle Hitter
Sammamish, WA

High School: Eastlake		Height: 5'9"
Graduation Year: 2007		Block Jump:
GPA: 3.8	SAT:	Approach Jump:
Athletic Background: Volleyball since 7 th grade, track, Tae Kwon Do, and basketball.		
Accolades: Captain and most Inspirational		
Parents: Dave and Lori		