

16 CYCLONE



Head Coach
Jason Mills

Assistant Coach
April Barreras

Roster

#	Grade	Name	School	POS	Ht.
1	So.	Erin Krikorian	Newport HS	DS/L	5'5"
3	So.	Dacy Knight	Bush School	OH	5'6"
4	So.	Kate Lee	Seattle Prep	DS/L	5'2"
5	So.	Ellie Hardwick	Redmond HS	S	5'6"
9	So.	Raina Jewell	Kamiak HS	S	5'4"
10	So.	Ashton Steel	Redmond HS	MH	5'8"
11	So.	Carly Whipple	Cedar Park Christian	MH	5'8"
12	So.	Hannah Rosen	Redmond HS	RS	5'8"
13	So.	Emily Basta	Eastside Catholic	MH	5'8"
20	So.	Jessica Feller	Bothell HS	OH	5'7"
21	So.	Chelsea Gray	Redmond HS	OH/RS	5'7"
27	So.	Shea Packard	Bothell HS	OH	5'7"

Tournament Schedule

Date	Event	Host	Location
23-Jan	Northwest Jrs. Tournament	Northwest Jrs.	Bellevue CC & Newport HS
6-Feb	Super Sunday Tournament	Rain City VBC	Juanita HS/Mariner HS
26-27 Feb	Yakima Jamboree- Out Of Region Event	Team Yakima	Yakima area
12-13 Mar	Spring Classic	Northwest Jrs.	Eastside locations
26-Mar	Saturday's Warriors Tournament	Saturday's Warriors VBC	Kentridge HS
2-3 Apr	Domino's Pizza Tournament	Rage Sports Club	Various
17-Apr	Tulip Festival	Skagit VBC	Various
30 Apr - 1 May	Puget Sound Junior Regionals	Puget Sound Region	TBA
5-Jun	Northwest Jrs. Tournament	Northwest Jrs.	Bellevue CC & Newport HS

Northwest Juniors Volleyball Club

16 TORNADO



Head Coach
Marla Tappero

Assistant Coach
Luke Williams

Roster

#	Grade	Name	School	POS	Ht.
2	Fr.	Jennifer Odegard	Eastside Catholic	OH	5'4"
14	So.	Jenna Rerucha	Eastside Catholic	S	5'5"
17	So.	Kirsten Ausenus	Sammamish HS	MH/RS	5'7"
18	So.	Kaitlin Kovacevich	Eastlake HS	OH	5'6"
19	So.	Kelly Hayden	Eastlake HS	OH/RS	5'5"
22	So.	Danee Moesch	Bothell HS	MH	5'8"
23	Fr.	Sarah Comstock	Seattle Prep	S	5'3"
24	So.	Vivian Baker	The Bush School	MH	5'7"
25	So.	Alysse Crollard	Holy Names	OH	5'7"
42	Fr.	Kristin Gill	Holy Names	RS/S/L	5'4"

Tournament Schedule

Date	Event	Host	Location
23-Jan	Northwest Jrs. Tournament	Northwest Jrs.	Newport HS
6-Feb	Super Sunday Tournament	Rain City VBC	Juanita HS/Mariner HS
13-Feb	Northwest Jrs. Tournament	Northwest Jrs.	Newport HS
26-Feb	Emerald City Tournament	Emerald City VBC	Highline CC
12-13 Mar	Spring Classic	Northwest Jrs.	Eastside locations
19-Mar	Ichiban Tournament	Ichiban VBC	Vancouver, BC
2-3 Apr	Domino's Pizza Tournament	Rage Sports Club	Various
17-Apr	Tulip Festival	Skagit VBC	Various
30 Apr - 1 May	Puget Sound Junior Regionals	Puget Sound Region	TBA
5-Jun	Northwest Jrs. Tournament	Northwest Jrs.	Bellevue CC & Newport HS

16 AVALANCE



Head Coach
 Jill Bielenberg
Assistant Coach
 Pamela Gustavson

Roster

#	Grade	Name	School	POS	Ht.
6	Fr.	Naomi Fine	Newport HS	S	5'4"
7	Fr.	Michelle Ross	Eastside Catholic	RS/S	5'4"
15	Fr.	Jade Barcoe-Walsh	Redmond HS	DS	5'3"
16	Fr.	Danielle McKie	Monroe JH	RS	5'3"
28	Fr.	Samantha Chin	Garfield HS	MH	5'6"
29	Fr.	Kaylee Anderson	Liberty HS	S	5'2"
31	So.	Emilie Kimball	Redmond HS	MH	5'11"
32	Fr.	Lauren Lanza	Mercer Island HS	DS/L	5'3"
33	Fr.	Shannon Zylstra	Bear Creek School	OH	5'3"
34	So.	Brittany Ross	Eastlake	OH	5'5"

Tournament Schedule

Date	Event	Host	Location
23-Jan	Northwest Jrs. Tournament	Northwest Jrs.	Newport HS
6-Feb	Super Sunday Tournament	Rain City VBC	Juanita HS/Mariner HS
13-Feb	Northwest Jrs. Tournament	Northwest Jrs.	Newport HS
26-Feb	Emerald City Tournament	Emerald City VBC	Highline CC
12-13 Mar	Spring Classic	Northwest Jrs.	Eastside locations
19-Mar	Ichiban Tournament	Ichiban VBC	Vancouver, BC
2-3 Apr	Domino's Pizza Tournament	Rage Sports Club	Various: Tacoma ,Spanaway
17-Apr	Tulip Festival	Skagit VBC	Various
30 Apr - 1 May	Puget Sound Junior Regionals	Puget Sound Region	TBA
5-Jun	Northwest Jrs. Tournament	Northwest Jrs.	Bellevue CC & Newport HS

Northwest Juniors Volleyball Club

15 TEMPEST



Head Coach
Angie Burgess
Assistant Coach
Vincent Yuan

Roster

#	Grade	Name	School	POS	Ht.
1	Fr.	Kate Suhrbier	Eastside Catholic	DS	5'0"
2	Fr.	Caitlin Sylvester	Blanchet	S	5'1"
3	Fr.	Jeneca Holmes	Newport HS	OH	5'5"
5	Fr.	Lisa Flotlin	Skyline HS	S	5'4"
7	So.	Alexa Donahe	Issaquah HS	MH	5'9"
11	Fr.	LeAnn Snow	Redmond HS	MH	5'7"
12	Fr.	Marissa Altchech	Newport HS	RS	5'4"
13	Fr.	Hannah Niebrski	Newport HS	OH	5'5"
14	Fr.	Alyssa Ardourel	Timbercrest	OH	5'7"
15	Fr.	Catherine Cheng	Sammamish HS	OH	5'6"

Tournament Schedule

Date	Event	Host	Location
23-Jan	Northwest Jrs. Tournament	Northwest Jrs.	Bellevue CC & Newport HS
6-Feb	Super Sunday Tournament	Rain City VBC	Gateway, Heatherwood MS
13-Feb	Northwest Jrs. Tournament	Northwest Jrs.	Seattle Pacific U
26-27 Feb	Yakima Jamboree- Out Of Region Event	Team Yakima	Yakima area
12-13 Mar	Spring Classic	Northwest Jrs.	Eastside locations
2-3 Apr	Domino's Pizza Tournament	Rage Sports Club	Various
16-Apr	Emerald City Tournament	Emerald City VBC	Highline CC
30 Apr - 1 May	Puget Sound Junior Regionals	Puget Sound Region	TBA
5-Jun	Northwest Jrs. Tournament	Northwest Jrs.	Bellevue CC & Newport HS

14 CYCLONE



Head Coach
Margo Gockel
Assistant Coach
Catie Coyle

Roster

#	Grade	Name	School	POS	Ht.
1	8	Kristen Orren	Timbercrest JH	S/OH	5'3"
2	8	Liz Kent	Jewish Day School	OH	5'3"
3	8	Alyxandra Lyn	Cedar Park Christian	DS	5'5"
4	8	Brianna Padilla	Tahoma JH	L/DS	5'2"
5	8	Desiree Diego	Skyview JH	OH/SD	5'2"
6	8	Natanya Auerbach	Jewish Day School	MB	5'3"
7	8	Kayla Krauthamer	Jewish Day School	DS/L	5'1"
8	8	Shannon Hill	Finn Hill JHS	OH/MB	5'6"
9	7	Mariah Maley	Finn Hill JHS	DS/L	5'2"
10	8	Shelby Martin	Snoqualmie MS	OH	5'5"
11	8	Tammy Ellenhorn	Jewish Day School	MB/OH	5'4"
12	8	Jenae Ghassemieh	Timbercrest JH	S/ON	5'3"

Tournament Schedule

Date	Event	Host	Location
15-Jan	Sports for Youth Tournament	Southend Jrs.	Highline CC
23-Jan	Emerald City Tournament	Emerald City VBC	Highline CC
6-Feb	Super Sunday Tournament	Rain City VBC	Columbia HS
27-Feb	Kent Jrs. Tournament	KJVBC	Kentwood HS
12-13 Mar	Spring Classic	Northwest Jrs.	Eastside locations
18-20 Mar	Pacific Northwest Qualifier (Spokane)	Evergreen Region	SPOKANE
2-3 Apr	Domino's Pizza Tournament	Rage Sports Club	Various
16-Apr	Tulip Festival	Skagit VBC	Various
24-Apr	Northwest Jrs. Tournament	Northwest Jrs.	Bellevue CC
14-15 May	Puget Sound Junior Regionals	Puget Sound Region	TBA
4-Jun	Northwest Jrs. Tournament	Northwest Jrs.	Bellevue CC

Northwest Juniors Volleyball Club

13 THUNDER



Head Coach
Joanna Krautscheid
Assistant Coaches
Juan Panchana
(not shown)

Roster

#	Grade	Name	School	POS	Ht.
13	7	Sameera Sanghui	Beaver Lake MS	OH	5'6"
15	8	Tanya Shah	Forest Ridge	MH	5'7"
20	7	Kai Cochrane	Rose Hill JH	MH	5'9"
21	6	Melissa Gilkey	Cottage Lk Elem	MH/OH	5'6"
22	8	Camden Minervino	St Louise	DS/L	4'11"
23	7	Mary Coughlin	Northshore JH	OPP/OH	5'3"
24	7	Rebekah Ogimachi	Rose Hill JH	S	4'10"
25	7	Storm Gerlock	Islander MS	DS/L	5'3"
27	6	Carmen Vasilatos	Cottage Lk Elem	S/OPP	5'2"
28	7	Stephanie Harruff	Northshore JH	OH	5'7"
29	7	Gretchen Allen	Issaquah MS	OPP	5'3"

Tournament Schedule

Date	Event	Host	Location
6-Feb	Super Sunday Tournament	Rain City VBC	Snohomish HS
13-Feb	UP VBC Tournament	UP VBC	Curtis HS
26-27 Feb	Yakima Jamboree- Out Of Region Event	Team Yakima	Yakima area
18-20 Mar	Pacific Northwest Qualifier (Spokane)	Evergreen Region	SPOKANE
26-Mar	PSR PRIME TIME National Qualifier	Puget Sound Region	TBA
2-3 Apr	Domino's Pizza Tournament	Rage Sports Club	Various
9-Apr	Kent Jrs. Tournament	KJVBC	Kentwood HS
24-Apr	Northwest Jrs. Tournament	Northwest Jrs.	Bellevue CC
7-May	Puget Sound Junior Regionals	Puget Sound Region	TBA
4-Jun	Northwest Jrs. Tournament	Northwest Jrs.	Bellevue CC

13 TEMPEST



Head Coach
Sherry Leeson
Assistant Coaches
Lindsay Price

Roster

#	Grade	Name	School	POS	Ht.
14	7	Kristen Ardourel	Timbercrest JH	LS	5'1"
16	7	Lauren Larralde	Northshore JH	M/DS	5'1"
17	7	Melina Hughes	Issaquah MS	M	5'5"
18	7	Savannah Guillen	Timbercrest JH	M	5'4"
19	6	Marchelle Bostic	Northshore MS	S	4'9"
30	7	Lauren Kramer	St. Brendan	S	5'3"
32	7	Elsa Remak	Rose Hill JH	LS	5'2"
33	7	Chelsea Sanders	Rose Hill JH	LS	5'4"
34	7	Ariel Dewey	Mercer Island	LS	5'0"
35	7	Marisa Maurer	The Attic	M	5'8"
37	7	Lindsey Goodwin	Leota MS	LS/RS	5'3"

Tournament Schedule

Date	Event	Host	Location
6-Feb	Super Sunday Tournament	Rain City VBC	Snohomish HS
13-Feb	UP VBC Tournament	UP VBC	Curtis HS
27-Feb	Kent Jrs. Tournament	KJVBC	Kentwood HS
12-13 Mar	Spring Classic	Northwest Jrs.	Eastside locations
19-Mar	Cascade VBC Tournament	Cascade VBC	Ballard HS
2-3 Apr	Domino's Pizza Tournament	Rage Sports Club	Various
9-Apr	Kent Jrs. Tournament	KJVBC	Kentwood HS
24-Apr	Northwest Jrs. Tournament	Northwest Jrs.	Bellevue CC
7-May	Puget Sound Junior Regionals	Puget Sound Region	TBA
4-Jun	Northwest Jrs. Tournament	Northwest Jrs.	Bellevue CC