

Northwest Juniors VBC Head Coaches



Kim Werkau - 18 Vortex

Kim is Northwest Volleyball's Adult Program Director and Assistant Club Director for Northwest Juniors VBC. She is also the Head Coach at **Bellevue Community College**, where her team has placed 3rd, 2nd, and 2nd in the Northern region of the NWAACC in the past three seasons. The 2008 BCC team finished 5th overall in the NWAACC, and Kim was the recipient of the Co-Coach of the Year Award. This is Kim's 5th season at Northwest Jrs VBC. Kim played high school ball at Sumner High School, and played club ball at Northwest Juniors during her entire high school career. Kim then played at Central Washington University from 1998-2001 where she was a middle blocker and served as team captain during the 2000-01 season.



Tony Miranda - 16 Eclipse

Tony is the head coach at Edmonds Community College. He has been with the Edmonds Community College program since 2005, and capped the 2008 season with a first place North Division finish and 3rd place in the NWAACC tournament. Additionally, his club teams have enjoyed great recent success, typically ending the season at the top of the Puget Sound Region Rankings. Tony has taken four separate juniors teams to YJOV National Championship events.



Emily Davis - 16 Cyclone

Emily is currently the head volleyball coach at Seattle Lutheran HS, where she has been part of the program as a coach for 3+ years. She is a recent graduate of Seattle Pacific University. Her volleyball experience dates back to her club days where she played 6 seasons with Saddleback Volleyball Club in Southern California.



Lindsey Price - 16 Blizzard

Lindsey took over head coaching duties for 13 Twister mid season in 2008. Previously, she served as a staff coach for NW Juniors in 2005 & 2006.

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Jen Hall - 16 Inferno

Jen returns for a third season as a U15 coach for Northwest Juniors. She is currently the Junior Varsity Coach and assistant Varsity Coach at Highline High School. Jen has been involved in volleyball since sixth grade, and played for Northwest Juniors since she was a U14, including one season with Tony Miranda's 16 Storm team (including a Crossroads Championship and a trip to the Junior Olympic National Championships in Dallas). Jen's coaching experience includes volunteer assistant duties with her alma mater Auburn Riverside HS as well as Power Surge VBC. She is a welcomed addition to the NW Juniors Staff.



Torie Luedke - 16 Avalanche

Torie is in her first year coaching with Northwest Juniors. Recently, she was the assistant head coach for Vanguard University, in Costa Mesa, California. She has also served as an assistant coach at the University of Idaho, and as club director for Nova Volleyball Club and Sport Shack Volleyball Club. Torie was an All-American middle blocker at California State University, Bakersfield.



Gaylene Page - 16 Tornado

Gaylene is currently head coach at Eastlake High School.



April Barrerras - 15 Thunder

April returns to coaching after taking two years completing a dental program in Yakima. 2008 will be April's second stint with NW Juniors. She is another former player for Tony Miranda at Foster High School who returns to coach for Northwest Juniors. April has been active as a player locally and played at Highline Community College for two years after graduating from Foster.

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Vettiar Chup - 15 Heat

Vettiar is currently the Graduate Assistant Coach at Edmonds CC. Has played beach volleyball for several years and is in his first year of coaching college volleyball.



Margo Gockel - 14 Storm

Margo has previously coached 4 seasons at NW Juniors (took 2008 off), and 7 seasons of CYO school volleyball. Her playing history includes Bellevue CC & Seattle University. She has attended Gold Medal Squared coaches clinic and is IMPACT certified.



Lindsey Palmer - 14 Cyclone

Lindsey's coaching career began as an off-season assistant coach for her high school. She was a middle blocker and opposite and she played through high school, club, and at the University of Wyoming. This is her second season on staff with Northwest Juniors VBC.



Angie Lamb - 14 Inferno

Angie has several years experience coaching with NW Juniors, and took the 2008 season off. She returns as the head coach for our U14 team in Kent. Angie played at Foster HS for Tony Miranda, and also played a season at Highline CC . She graduated from Eastern Washington University.

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Susan Slagle - 13 Thunder

Susan is the Head Coach at Overlake Middle School. She brings 30+ years of playing experience, and played college volleyball at UC-Santa Barbara.



Jeremy McIver - 13 Heat

Jeremy is currently the 7th Grade Coach at Valley View MS (Snohomish). He previously coached for St. Thomas More School. He spent 5 summers with Skyhawks Sports Academy and has 6 years track coaching experience.



Robyn Williams - 12 Storm

Robyn currently serves as the Assistant Coach At Edmonds CC. She recently relocated from San Antonio, Texas, where she coached for River City Stars, Missions City Jrs, and Home Court America. Robyn brings 9+ years club coaching experience.



Mindy Rencher - 12 Eclipse

Mindy is a sophomore on the Edmonds Community College volleyball team. She played club for Idaho Falls Juniors, and was a first team all-league player out of Idaho Falls HS before joining the EdCC team. She is an Outside Hitter for the Tritons and was named to the all-tournament team at the Whatcom Crossover tournament. She has worked volleyball camps for her high school and locally.

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(Photos Not Available)

Head Coaches

Jenna Tomko - 17 Thunder

This is Jenna's second year at NW Jrs., coaching the 16 Cyclone team in 2008. Jenna is a 2002 Graduate of Bellarmine HS in Tacoma. While in High School she was on varsity three years and played for Puget Sound VBC (5 years) traveling to many National-level tournaments. After high school, she went on to star at Le Moyne College(DII) in Syracuse, NY where she was a starting Middle Blocker. She has coaching experience primarily in camps in High School and College. She is a great addition to the NW Juniors staff.

Andrew McAllister - 16 Storm

Andrew is currently a Graduate Student at UW, and an Assistant coach at Mariner HS. Before relocating to Seattle, he was a Varsity coach at Lakeland Christian School (FL), and had earned 7+ years club coaching experience. He is also a Certified Fitness Trainer

Erin Loman-Jeck - 14 Eclipse

Erin brings 15 years club coaching experience; coached softball and volleyball in Sandpoint, Idaho. She has relocated back to the Northwest after a being stationed overseas with her family.

Malia Moss - 14 Blizzard

Malia returns to Northwest Juniors this year, after her recent experiences serving as the co-director for Momentum Volleyball, coaching the U-12 team at Eastside Volleyball, and serving the Eastside Volleyball Board of Directors. Prior to that, she had spent 3 years with Northwest Juniors as a coach for the U-16's, and coaching the freshman team at Shorecrest High School. She has gained certification from CAP1 and IMPACT. As a player, she played at Shorewood High, spent 4 years in USAV club, and Spokane Falls CC, where they took 2nd at NWACC in 1996.

Assistant Coaches

Mandy Veley - 16 Storm

Jessica Levine - 14 Eclipse

Jen Riste - 12 Storm

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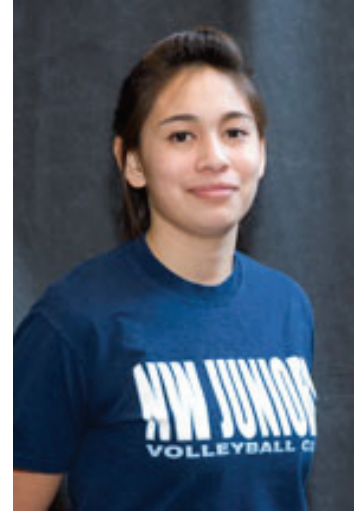
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Simone Woodhouse
18 Vortex



Allegra Shank
17 Thunder



Anya Silva
16 Eclipse



Bridget Marasi
16 Eclipse



Becca Williams
16 Cyclone



Emily Price
16 Blizzard



Kayla Morris
16 Inferno



Brianna Price
16 Avalanche



Katie Rowe
16 Tornado

Northwest Juniors VBC Assistant Coaches



Cy Klein
15 Thunder



Eileen Chatfield
15 Heat



Jessica Gockel
14 Storm



Gabby Garrido
14 Cyclone



Jessica Crowder
14 Blizzard



Tracie Fenton
14 Inferno



Sarioanna Rawlings
13 Thunder



Caitlin Sylvester
13 Heat



Stephanie Salomon
12 Eclipse