

THE VOLLEYBALL FESTIVAL

PARENT WORKSHOPS

June 25-29, Reno-Sparks Convention Center

Workshop Topics

- How to manage the normal frustration of sports parenting
- How to support your children on their journey through the world of sports
- How to relax and enjoy yourself while witnessing your children compete
- How families can take full advantage of shared sports experiences
- How to become a dream facilitator
- How to expand opportunities for your children in sports
- How to help form a dream team – the parent's role
- How to help strengthen relationships between your children and their coaches
- Improvements any parent can help make to their sports programs
- How to mobilize parents in opposition to toxic influences
- What college coaches are looking for in their recruits
- How you can build strong relationships with your children's coaches
- Understanding the college recruiting process
- Assessing the costs and benefits of seeking a college scholarship



Opportunities for Parents

For the past 23 years the Volleyball Festival has offered workshops for parents to help them think through how they can be most effective in supporting their children during their sports careers. This year we are offering the widest range of opportunities, ever. (See topics in column one)

All Festival parents and invited guests from the Reno-Tahoe school and youth sports communities are welcome at these sessions that are offered **FREE OF CHARGE**

The sessions will be administered at the **Reno-Sparks Convention Center**. Forty minute sessions will be held each day, **Sunday through Wednesday from 9:00-9:40 AM** and from **1:00 to 4:00PM**. The later four sessions will be repeated from **4:00 to 7:00PM** to accommodate parents whose daughters play in the AM wave.

Sessions on the college recruiting process and how to choose a college will be held from **10:00AM – Noon on Thursday**. Athletes are invited to these sessions

The sessions will NOT be lectures, but instead will be interactive workshops where parents are expected to share their experiences with sports parenting experts who will work with them to arrive at solutions to common sports parenting challenges.

The Experts

Festival founder, **Dr. David Canning Epperson** and his former Stanford teammate, **Dr. George A. Selleck**, established a not-for-profit organization, *Parents for Good Sports* several years ago to share the insights they have gained from their research and writing about sports parenting with schools and clubs across the nation. In 1999 they authored two books based upon their experiences in working with parents, *From the Bleachers with Love* and *Beyond the Bleachers*. Shortly thereafter they partnered with the *National Association of State High School Associations* to take their Team Enhancement Program nationwide where it was initiated from Hawaii to New York.

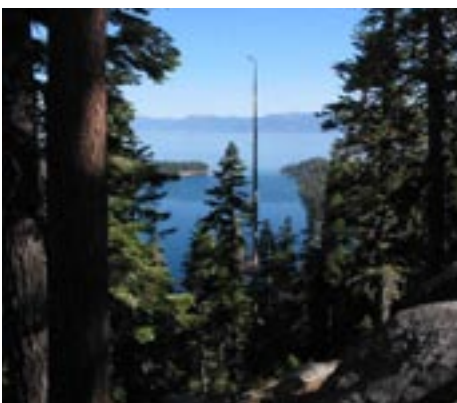


Dr. David Canning Epperson

The participants in the workshops will be able to take advantage of the interactive sessions Drs. Epperson and Selleck have constructed. These two psychologist and nationally acclaimed youth sports experts along with their experienced and gifted associates will be administering sessions that have been created especially for the parents attending these special sessions. They will provide parents with recommendations about how the approaches they have developed can be taken back and used in their children's clubs and schools during future sports seasons.



Dr. George A. Selleck



For More Information
Phone 281-207-1070